



**Rochester Regional Coalition
AGAINST HUMAN TRAFFICKING**
www.rrcaht.org

Educate Advocate Liberate

RRCAHT
275 Lake Ave
Rochester, NY 14608-1042
(585) 483-0084

The Rochester Regional Coalition against Human Trafficking (RRCAHT) is dedicated to eliminating human trafficking in our communities through education, advocacy, and networking with individuals and organizations.

Victims of human trafficking in Rochester are in need of basic items. RRCAHT provides these items in CARE Packs that are distributed by local law enforcement and outreach workers.

What can you do? Help Create Care Packs

1. Contribute Essentials (see list on reverse side)
Assemble a CARE Pack
Host a Care Pack Event
Attend an Event
2. Drop off items, pack items, or completed packs at either:
Center for Youth
905 Monroe Ave
Rochester NY 14620

Sisters of Saint Joseph
of Rochester Motherhouse
150 French Rd
Rochester, NY 14618
3. Call if you need a pick up: (585) 483-0084 and a volunteer will be out to collect your donation.
4. Contact us if you want help planning an event
rrcaht1@google.com

These are the essentials we put in Care Packs for both adults and children:

- Toothbrush
- Toothpaste
- Deodorant
- Soap
- Travel size shampoo, conditioner and lotion
- Antibacterial wipes
- Protein snack (e.g., granola bars or tuna kit)
- Bottled water or juice box

Additional items that can be included:

- Hairbrush
- Lip balm
- Tampons & panty liners
- New underwear (for men, women and children)
- Socks
- Elastic waist pajamas (child large and all adult sizes)
- Hat and gloves
- Sweat pants
- T-shirt or sweat shirt
- Small roll up blanket
- Quarters for phone calls in a small plastic bag
- Stuffed animal
- Journal or coloring book
- Pens, pencils & crayons

How important is your contribution?

Here's what an outreach worker said,

One woman was cleaning herself in the bathroom and was crying. She loved the wipes. Everything in these Care Packs is essential. I am so grateful and so are they. We need them all the time.

Add a handwritten note of encouragement

e.g. "This Care Pack was lovingly packed for you because you are a treasure and you are valuable."